

## EDUVIGIS CRUZ-ARRIETA, PHD

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### QUALIFICATIONS

Licensed clinical psychologist, supervisor, at assistant professor level, with extensive experience at top-tier U.S. hospitals, and private practice.

Experienced with clients of all ages, backgrounds and wide-range of conditions.

Practiced in independent school consultations, college counseling.

Ability to work in multidisciplinary teams with a cultural competence focus.

Trained in individual, group, and family therapy.

Skilled in integrative, short and long term psychotherapies, mind-body techniques, crisis intervention, and evidenced-based treatments.

Fluent in English and Spanish and working with underserved populations.

Experienced in psychometric and neuropsychological testing.

Very caring and compassionate with a strong desire to help people and make a difference.

Extensive knowledge of psychological disorders and conditions and their treatments.

Great communication and writing skills needed for drafting and giving reports.

### CURRENT EXPERIENCE

Licensed Clinical Psychologist

Private Practice

Midtown West, Manhattan, NY 08/1999 – Present

- Consultant, psychotherapist for individuals, families, and couples across the lifespan.
- Provided testimony to the NY City Council's Committee for Immigration hearings on the needs of unaccompanied immigrant children (Summer 2014.)
- Member of Steering Committee for the Vera Institute & Feerick Center's Unaccompanied Migrant Youth in New York project (2013-2015).

Psychologist

Columbia Health, Counseling & Psychological Services (CPS) Morningside Campus, NY, NY 02/2018-Present

- Conduct evaluations and provide psychotherapeutic support of undergraduate and graduate students at Columbia University and its affiliates.
- Member of Eating Disorder, Behavioral Health and Students of Color Resource Teams.
- Teaching and Supervision of post-doctoral fellows.

### PREVIOUS PROFESSIONAL EXPERIENCE:

Supervising Psychologist

HHC-Lincoln Medical Center/Physicians Affiliates Group of New York, Department of Psychiatry,

Child & Adolescent/Adult Outpatient Services.

Bronx, NY

8/2015-02/2018

- Maintained a caseload of ethnically diverse clients, ages 5-65 with psychological and learning disorders. Met productivity requirements.
- Reviewed referrals; performed psychological assessments. Provided case management, consultations, and communicated findings to utilization review, disposition and treatment teams.
- Liaised as Pediatric Palliative Care psychologist with Palliative Care Team. Provided tracer case for Palliative Fellowship Accreditation site visit.
- Supervised therapeutic services provided by trainees.
- Delivered training & teaching to staff and students in the Clinical Psychology Internship/Externship, Psychiatric Residency and Palliative Care Fellowship programs: didactics on cultural formulation interview, meaning-centered psychotherapy, and palliative care themes;
- Led evidence-based (MCP, IPT) support group for Spanish-speaking chronically mentally ill adult women.
- Advisor for Grand Rounds presentations.
- Tailored performance of psychologist role as per organization's service standards.
- Continued professional development; completed service as National Health Service Corps' Health Psychologist

- Provided bedside psychiatric consultation/liaison services for patients with chronic illnesses including: somatoform disorders, intractable pain, kidney and cardiac transplants.
- Created support group for Spanish-speaking caregivers.
- Facilitated evidence-based parenting groups using "Incredible Years®" Program.
- Represented hospital at the national level as chair of the Diversity & Health Disparities Committee of the Children's Oncology Group, a National Cancer Institute/NIH funded program.
- Prepared course syllabus on Cultural Diversity for APA-accredited Clinical Psychology internship curricula for APA accreditation site visit.
- Reviewed applications and interviewed candidates for its pre-doctoral psychology internship and externship programs.
- Participated in service improvement projects (Saturday and extended weekday clinic hours) to increase access and productivity.
- Conducted field trials for Diagnostic and Statistical Manual 5<sup>th</sup> Edition as interviewing clinician in NYSPI team.
- Spearheaded proposal to certify outpatient pediatric psychiatry clinic in the National Health Service Corps Loan Repayment program, as provider of services for underserved populations in an area with a shortage of professionals.
- Granted health service psychologist loan repayment program award.
- Scripted and moderated Columbia Psychiatry Blog talk radio show in Spanish, on psychiatric medications for children.

## Clinical Psychologist, Assistant Clinical Professor in Medical Psychology

Pediatrics &amp; Psychiatry Columbia University Medical Center

New York, NY

- Provided therapy to children, adolescents, and young adults in stem cell/bone marrow transplant clinic (outpatient/inpatient).
- Ran support group for sickle cell patients.
- Implemented pre-transplant screening procedures to identify high-risk patients and donors.
- Collected quality of life and psychometric data for clinical studies.
- Created and maintained database for quality of life instruments with attention to data relevant to health disparity research.
- Created billing structure for psychological services, enabling the hospital to receive additional revenue. Met productivity requirements.
- Maintained grant and chaired the Minority Affairs Committee of the Children's Oncology Group.
- Designed and conducted needs assessment survey for Children's Oncology Group, an 8,000 member organization, to identify barriers to proper care of underserved populations.
- Interviewed executive level candidates for Chief of Division of Pediatric Hematology/Oncology/Stem Cell Transplantation and fellowship applicants.
- Designed quality of life questionnaire and drafted the psychological issues section for an *epidermolysis bullosa* patients grant.
- Trained nurses and fellows on pill swallowing, and best practices in communicating with patients, self-care, death and bereavement.
- Advocated for research on health disparity issues in Capitol Hill, to members of Congress and their constituents in support of *the Caroline Pryce Walker Conquer Childhood Cancer Act of 2008*.

## Senior Psychologist/ Clinical Supervisor &amp; Assistant Clinical Professor. Hassenfeld Center for Pediatric Cancer &amp; Blood Disorders, NYU-Langone Medical Center,

New York NY

- Provided services to patients with cancer and blood disorders and their caregivers, in hematology/oncology clinic. On call for terminally ill patients. Managed support groups for Spanish speaking caregivers.
- Secured funding from the National Children's Cancer Foundation/Children's Oncology Group (COG) Chair for Minority Affairs Committee.
- Helped create billing structure to generate revenue for services not bundled with other psychosocial care.

- Collected psychometric, developmental, and neuropsychological data for cancer research as psychology responsible investigator for COG protocols.
- Created syllabus for a course on psychosocial aspects of pediatric hematology/oncology for NYU/Bellevue Hospital Pediatric Hematology/Oncology Fellowship.
- Provided psychosocial support for staff, interns and fellows related to self-care, death and bereavement.
- Supervised pre-doctoral psychology interns and externs.
- Awarded the Kids of NYU Foundation grant for a cognitive training software program intervention.
- Wrote funding grant section on psychological, neuropsychological services for new neurofibromatosis clinic.
- Interviewed applicants to NYU School of Medicine

#### School Psychology Consultant

Manhattan Country School

New York, NY

Psychotherapist

New York, NY

The Psychological Center, City College, CUNY

New York, NY

Northside Center for Child Development Inc.

New York, NY

College Counselor

Borough of Manhattan

New York, NY

University of Puerto Rico, Centro de Estudiantes

Rio Piedras, PR

#### EDUCATION

Doctor of Philosophy, Clinical Psychology. City University of New York Graduate School, New York, NY 1998

Dissertation: Parental stress, personal authority, and family environment of Puerto Rican women.

(Dissertation Abstracts) 146 pp.

Chancellor's Postdoctoral Fellow; C.U.N.Y. Harold Proshansky Dissertation Fellow; University of

Puerto Rico Presidential Fellowship for Doctoral Studies

Clinical Psychology Intern, NYU Fellow, Bellevue Hospital Center,

New York, NY 1993-94

Rotations: Psychiatric Emergency Room (& Psychiatric Prison Ward); Bilingual Treatment Program; Pediatric

Hematology Oncology

Master of Philosophy, Clinical Psychology. City University of New York Graduate School, New York, NY

1994

Master of Arts, Clinical Psychology, University of Puerto Rico, Rio Piedras Campus

San Juan P.R. 1989

National Institute of Mental Health (NIMH) Minority Fellow

Bachelor of Arts. Social Sciences, Psychology Major, Humanities Minor. Magna Cum Laude

University of Puerto Rico, Rio Piedras Campus

San Juan P.R. 1984

#### PUBLICATIONS

Bhatia M, Kolva E, Cimini L, Jin Z, Satwani P, Savone M, George D, Garvin J, Paz ML, Briamonte C, Cruz-Arrieta E, Sands S. Health Related Quality of Life following Allogeneic Hematopoietic Stem Cell Transplantation for Sickle Cell Disease, *Biology of Blood and Marrow Transplantation* (2015), doi: 10.1016/j.bbmt.2014.12.007

Cruz-Arrieta, E. Pill-swallowing training in pediatric cancer: a brief report. *Primary Psychiatry*. 2008; 15(7):49-53

Cruz-Arrieta, E., Weinshank, L.: Multidisciplinary Approach to Psychosocial Care: The Stephen D. Hassenfeld Model.

*Primary Psychiatry*. 2008; 15(7): 63-67

In preparation: Cruz-Arrieta, E., DeAlmeida, C., Stratigos, K., Mufson, L. Diversity, college readiness and interpersonal psychotherapy for adolescents (ITP-A): illustrations from behavioral health outpatient work perspective.

#### SKILLS

Microsoft Office: Word/Excel/Power Point/Publisher; Statistical Package for Social Science (SPSS)

Social media; digital media

Mental health writing for lay readers.

Narrative medicine techniques

#### LANGUAGES

Complete professional written and spoken fluency in English and Spanish (native language)

Basic reading/writing: Italian

## VOLUNTEER

Volunteer Psychologist , NYC Medical Reserve Corps

New York, NY

2002- Present

First responder to health /mental health emergencies.

Volunteer Psychologist

New York, NY

2001-02

World Trade Center Crisis Center Bellevue Hospital/NYU Medical Center: Crisis Hotline; Walk-In Clinic; 69th Regiment Armory.

NYS Medical Examiner's Office; Disaster Relief Center.

## HONORS

Honors, Volunteer. Hurricane Irene. NYC Medical Reserve Corps NYC Dept. of Health & Mental Hygiene 2011

NYU Hospital Employee Recognition Team Award 2007

Honor for Extramural Distinction, New York University School of Medicine 2004/2007

## MEDIA

¿Pasas mucho tiempo usando tu teléfono? Tu pareja tiene algo que decirte al respecto. El Diario/NY. November 11, 2017

CNN en Español "Realidades en Contexto," December, 2014

Blog Talk Radio, Columbia Psychiatry NYSPI: "Medicamentos y el tratamiento psiquiátrico de niños y adolescentes hispanos." November, 2014

Times Magazine April 27 2009 issue. "Special Report: Thrift Nation: A psychologist finds some patients rethinking the fast life."

Scienceline.org "No Rest for the Young and Weary A New York psychologist sheds light on the realities of terminal illness." 2008

HITN-TV - National Cable Network-'s Diálogo de Costa a Costa: "Children and the internet: how to protect them from access to inappropriate content." May, 2007