

MEGAN E. ELIOT, Ph.D.
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EDUCATION

DOCTOR OF PHILOSOPHY

University of Virginia

Curry Programs in Clinical and School Psychology

August, 2009
Charlottesville, VA

MASTERS OF EDUCATION

University of Virginia

Curry Programs in Clinical and School Psychology

May, 2005
Charlottesville, VA

BACHELOR OF ARTS, CUM LAUDE

Columbia University

Major: English Literature

May, 2000
New York, NY

AWARDS

Outstanding Dissertation Award 2010, American Educational Research Association,
Division E: Counseling and Human Development

CLINICAL EXPERIENCE

CLINICAL DIRECTOR (Part-Time)

Integrative Trauma Program, National Institute for the Psychotherapies

Train and supervise intake clinicians; Oversee intake assignments and clinic flow; Address patient complaints; Address problems with clinicians in training; Participate in regular clinical supervisory, executive committee, quality assurance, and risk management meetings.

1/16-Present
New York, NY

PRIVATE PRACTICE (Part-Time)

Self Employed

Provide trauma treatment, psychological testing, and parent guidance services to children and adults in Brooklyn, NY.

10/16-Present
Brooklyn, NY

DIRECTOR OF MENTAL HEALTH SERVICES

ASSISTANT CLINICAL PROFESSOR OF PSYCHOLOGY

*Institute for Advanced Medicine, Samuels Clinic, Mt. Sinai Roosevelt Hospital
Icahn School of Medicine at Mount Sinai*

1/15-1/16
New York, NY

- **Administrative Responsibilities:** Participate in weekly Leadership and Operations Committee meetings; Facilitate weekly mental health team meeting; Provide leadership in program and service development; Provide leadership in staff training and education; Monitor service quality in accordance with hospital and state regulations; Implement CQI initiatives; Address patient complaints and requests for change of provider; Respond to disruptive behavior in clinic; Address clinic flow and communication issues.
- **Supervisory Responsibilities:** Supervise a staff of 12 clinicians, conduct performance evaluations.

- ***Program for Children and Families:*** Redesign mental health services in pediatric medical program to implement universal mental health screening and intervention program based on Healthy Steps model.
- ***Clinical Responsibilities:*** Provide individual, group, and family therapy as described below.

SUPERVISING PSYCHOLOGIST/SITE ADMINISTRATOR **9/10-1/15**
ASSISTANT CLINICAL PROFESSOR OF PSYCHOLOGY ***New York, NY***
Institute for Advanced Medicine, Mt. Sinai St. Luke's and Mt. Sinai Roosevelt Hospitals
Icahn School of Medicine at Mount Sinai

Provide the following services in a hospital based, Level-3, Patient Centered Medical Home (All clinical services provided in English and Spanish):

- ***Program for Children and Families:*** Provide individual and family therapy for HIV infected and affected children and adolescents; Facilitate monthly workshops for the Young Adult Program on topics such as stress management, substance abuse, and trauma; Provide consultation to other professionals as sole psychologist on interdisciplinary team.
- ***Motherhood Program:*** Facilitate ongoing, weekly parenting group for HIV positive mothers with children ages 5-18; Developed and deliver 10-week parenting curriculum; Facilitate Group Attachment Based Intervention (GABI) program for parents with complex trauma histories caring for children ages 0-3.
- ***Samuels Clinic:*** Provide individual therapy for adults ages 18-72; Facilitate therapy group for HIV positive, gay men over the age of 50.
- ***Supervisory Responsibilities:*** Provide assessment supervision to two psychology externs; Provide individual therapy supervision to one social work extern; Provide clinical, group supervision to team of 12 B.A.-level Care Coordinators.
- ***Administrative Responsibilities:*** Assign intakes; Address patient complaints and requests for change of provider; Respond to disruptive behavior in clinic; Address clinic flow and communication issues; Approve staff leave requests.

POSTDOCTORAL FELLOW **9/09-8/10**
Child Guidance Centers of Southern CT, Inc. ***Stamford, CT***

Provided clinical services in the following settings at a community mental health clinic for children and adolescents (all clinical services provided in English and Spanish):

- ***Child and Family Program:*** Provided individual and family therapy for a caseload of 15 patients; Conducted comprehensive psychological assessments.
- ***Mobile Crisis Program:*** Provided crisis assessment services in homes and schools; Provided short-term crisis follow-up treatment and school consultation.
- ***Trauma Focused Cognitive Behavioral Therapy Program:*** Participated in weekly team supervision; Carried a caseload of 5 TF-CBT patients.
- ***Supervisory Responsibilities:*** Provided supervision of assessment cases for one psychology intern; Participated in weekly postdoctoral seminar on becoming a clinical supervisor.

CLINICAL EXPERIENCE

*During Graduate Training:***PSYCHOLOGY INTERN****9/08-8/09*****Lincoln Medical and Mental Health Center******Bronx, NY***

Provided clinical services in the following settings within a public, community hospital (all clinical services provided in English and Spanish):

- ***Child and Adolescent Outpatient Psychiatric Services:*** Provided individual and family therapy; Provided comprehensive psychological assessments.
- ***Child Abuse/Sexual Abuse Clinic:*** Provided crisis counseling and psychological evaluation to abused children and their families; Observed forensic interviewing; Consulted on multidisciplinary medical, mental health, and legal team.
- ***Child Development Clinic:*** Conducted psychological assessments for children ages 0-5; Facilitated parenting group for mothers with developmentally delayed children; Co-led language remediation groups for speech-delayed toddlers.
- ***Psychiatric Emergency Room/Consultation Liaison:*** Provided assessment, consultation, and referral services for children and adults.
- ***Adult Inpatient Psychiatric Service:*** Led weekly therapy group; Conducted comprehensive psychological assessments.

PSYCHOLOGY EXTERN**9/07-7/08*****Commonwealth Center for Children and Adolescents******Staunton, VA***

Provided therapy and assessment services on adolescent inpatient unit at a public, state psychiatric hospital; Participated in interdisciplinary case conferences and treatment planning meetings; Provided consultation to direct care staff.

ASSOCIATE THERAPIST**7/05-7/07*****Center for Clinical Psychology Services, UVA******Charlottesville, VA***

Provided therapy for adults, adolescents, and families in English and in Spanish; Provided comprehensive psychological and educational assessments for children and adolescents.

SCHOOL PSYCHOLOGY EXTERN**8/06-6/07*****Walton Middle School and Crozet Elementary School******Albemarle, VA***

Provided individual and group therapy for children and adolescents with autism spectrum disorders; Facilitated social skills and loss groups; Conducted English-speaking and bilingual cognitive and personality assessments; Facilitated special education eligibility meetings; Developed and implemented behavioral interventions in consultation with teachers.

SCHOOL PSYCHOLOGY EXTERN**1/05-6/05*****Monticello High School******Charlottesville, VA***

Provided individual therapy to students; Conducted conflict resolution group for Latina girls in Spanish; Completed educational assessments and attended eligibility meetings.

CLINICAL EXPERIENCE

*Prior to Graduate Training:***INTAKE SOCIAL WORKER****12/03-5/04*****Children's Aid Society, Medical Foster Care Department******New York, NY***

Worked with families during initial three months in foster care to stabilize crisis that led to removal; Developed service goals for birth parents, permanency plans for children, and reunification plans for families; Maintained case work responsibilities listed below:

SOCIAL WORKER**5/02-12/03*****Children's Aid Society, Family Foster Care Department******New York, NY***

Helped birth and foster parents to understand child behavior in the context of placement in foster care; Utilized family visits to help strengthen parent-child attachments and alter abusive dynamics; Monitored progress of mentally ill and/or drug addicted parents in meeting treatment goals; Advocated for clients involved in housing, welfare, and public school systems; Testified in Family Court; Wrote case progress notes and court reports; Participated in social work training seminars as well as weekly clinical supervision and process recording. All client interaction conducted in Spanish when necessary.

CASEWORKER**10/01-3/02*****Talbot Perkins, Kinship Foster Care Department******New York, NY***

Responsibilities as listed above until agency closed due to lack of funding.

ASSISTANT TO THE NETWORK**11/00-9/01*****Prep for Prep******New York, NY***

Orchestrated Career Seminar Series discussion panels; Wrote instructional material for website; Prepared biannual alumni/ae statistic reports.

RESEARCH EXPERIENCE

*During Graduate Training:***GRADUATE RESEARCH ASSISTANT****9/04-9/09*****University of Virginia******Charlottesville, VA******Virginia Youth Violence Project. Principal Investigator: Dewey Cornell, Ph.D.***

Collected dissertation data on zero tolerance policies and school climate as part of a statewide school safety study funded by the Department of Justice; Contributed to ongoing research projects on bullying, school safety, and threat assessment; Assisted with delivery of statewide threat assessment trainings for school professionals; Assisted with policy and legislative efforts at the state and national level.

RESEARCH EXPERIENCE

*Prior to Graduate Training:***RESEARCH ASSISTANT****7/03-5/04*****Hunter College, City University of New York******New York, NY******Developmental Psychopathology Laboratory. Principal Investigator: Kenneth N. Levy, Ph.D.***

Assisted on NIMH funded research program investigating changing attachment representations in patients with Borderline Personality Disorder during randomized, controlled psychotherapy trial; Recruited and ran subjects; Transcribed AAI attachment interviews; Coded videotaped psychotherapy sessions for therapist adherence to treatment modality.

RESEARCH ASSISTANT

7/03-5/04

*Yale Child Study Center**New Haven, CT****Parents First Pilot Study. Principal Investigator: Michelle Goyette-Ewing, Ph.D.***

Assisted on State and University funded pilot study of Parents First, a parenting program based on research connecting secure attachment with academic success and designed to increase Reflective Function in the parent-child relationship; Created video training manual for the Parent's First curriculum; Trained to collect observational data from preschool classrooms using the FDCERS and ITERS measures; Helped prepare grant applications.

POLICY EXPERIENCE

LEGISLATIVE LIAISON

4/12- Present

Health Care Reform Task Force, New York State Psychological Association*New York, NY*

Create educational materials for NYSPA membership regarding health care reform; Advocate with local legislators and New York Exchange regarding the interests of mental health practitioners and consumers; Orchestrate efforts to establish a Mental Health Advisory Committee to the state legislature.

LEADERSHIP INSTITUTE FELLOW

6/12- 6/13

New York State Psychological Association*New York, NY*

One-year fellowship program aimed at developing leadership and legislative advocacy skills among early career psychologists.

GRADUATE ASSISTANT

5/07

House Education and Labor Committee*Washington, DC*

Assisted with the preparation of Dr. Dewey Cornell's testimony to the House Education and Labor Committee; Attended committee hearing on college campus safety; Met with representatives from congress and the American Psychological Association.

CAMPUS REPRESENTATIVE

7/07-7/08

American Psychological Association, APAGS*Charlottesville, VA*

Disseminated information related to American Psychological Association policy initiatives; Organized student participation in the political process.

STUDENT REPRESENTATIVE

8/04-8/08

Curry Programs in Clinical and School Psychology*Charlottesville, VA*

Created and orchestrated quality improvement student survey and organized working groups to improve critical program areas; Attended faculty meetings; Facilitated town hall discussions.

PUBLICATIONS

Eliot, M. E., Cornell, D. G., Gregory, A., Fan, X. (2010). Supportive school climate and student willingness to seek help for bullying and threats of violence. *Journal of School Psychology, 48*, 533-553.

Eliot, M.E. (2009). School characteristics related to student help seeking: Supportive climate and zero tolerance discipline policies. University of Virginia. *ProQuest Dissertations and Theses*.

Cornell, D. G., & Eliot, M. E. (2009). Prevention of youth violence. In E. P Benedek, P. Ash, & C. L. Scott (Eds.). *Principles and practice of child and adolescent forensic mental health*. Washington, DC: American Psychiatric Publishing.

Eliot, M. E. & Cornell, D. G. (2009) Bullying in middle school as a function of insecure attachment and aggressive attitudes. *School Psychology International, 30*, 1-14.

Eliot, M. E. & Cornell, D. G. (2006, August) The Effect of Parental Attachment on Bullying in Middle School. Poster presented at the annual convention of the American Psychological Association, New Orleans, LA.

PRESENTATIONS AND LECTURES

Eliot, M. E. (2017, April). Trauma & The Body: An Introduction to Sensorimotor Psychotherapy. Two-Hour Workshop, New York, NY.

Eliot, M.E. (2017, January). Guidelines for Responding to Student Threats of Violence. Full Day Training in the Virginia Threat Assessment Model, Port Jefferson School System, Port Jefferson, NY.

Eliot, M.E. (2016, December). Guidelines for Responding to Student Threats of Violence. Full Day Training in the Virginia Threat Assessment Model, Miami Dade School System, Miami Dade County, FL.

Eliot, M.E. (2016, November). Guidelines for Responding to Student Threats of Violence. Full Day Training in the Virginia Threat Assessment Model, Half Hollow Hills Central School District, Half Hollow Hills, NY

Eliot, M.E. (2013, March). What is trauma informed care? Grand rounds presentation, Center for Comprehensive Care, St. Luke's-Roosevelt Hospital, New York, NY.

Eliot, M.E. (2012, March). HIV disclosure between parents and children: To tell or not to tell? Grand rounds presentation, Center for Comprehensive Care, St. Luke's-Roosevelt Hospital, New York, NY.

Eliot, M. E. (2011, October). HIV and mental health. Guest lecturer in psychology internship seminar, St. Luke's-Roosevelt Hospital, New York, NY.

Eliot, M. E. (2011, June). Attachment style and patient-provider relationships: Implications for treatment adherence. Grand rounds presentation, Center for Comprehensive Care, St. Luke's-Roosevelt Hospital, New York, NY.

Eliot, M. E. (2010, July). Slouching towards Bethlehem: Treatment of Gender Identity Disorder in a six-year-old child. Grand rounds case presentation, Stamford Child Guidance Center, Stamford, CT.

Eliot, M.E. (2010, March). Introduction to psychological assessment for social workers. Workshop presentation in social work internship seminar, Stamford Child Guidance Center, Stamford, CT.

Eliot, M. E. (2009, July). Absentee fathers: Theory and treatment considerations. Grand rounds presentation, Psychiatry Department, Lincoln Medical and Mental Health Center, Bronx, NY.

Eliot, M. E. (2008, August). School characteristics that promote student help seeking for bullying and threats of violence. Paper presented at the annual convention of the American Psychological Association, Boston, MA.

Eliot, M. E. (October, 2006; 2007) Guest lecturer on school violence prevention, graduate course in School and Community Relations, University of Virginia, Curry School of Education.

POSTGRADUATE TRAINING

- CHILD PARENT PSYCHOTHERAPY** **January 2017**
Certified Trainer: Ana Rodriguez, Ph.D. *New York, NY*
 Three day training in CPP Model and ongoing phone supervision.
- SENSORIMOTOR PSYCHOTHERAPY** **2014-2016**
Sensorimotor Psychotherapy Institute *New York, NY*
 Level-II Training: Emotional Processing, Meaning Making, and Attachment Repair
- SENSORIMOTOR PSYCHOTHERAPY** **2013-2014**
Sensorimotor Psychotherapy Institute *New York, NY*
 Level-1 Training: Affect Dysregulation, Survival Defenses, and Traumatic Memory
- ATTACHMENT, SELF REGULATION, AND COMPETENCY (ARC)** **July, 2012**
Trauma Center at Justice Resource Institute, Summer Intensive *Yarmouthport, MA*
 Four-day training in ARC and SMART models
- ONE-YEAR PROGRAM IN PSYCHODYNAMIC PSYCHOTHERAPY** **June, 2012**
National Institute for Psychotherapies *New York, NY*
 One-year, weekly, evening courses in psychoanalytic theory and practice.
- MOTIVATIONAL INTERVIEWING** **January, 2012**
Certified Trainers: Steven Malcom-Berg, Ph.D. & Jonathan Fader, Ph.D. *New York, NY*
 Completed introductory and advanced training workshops.
- TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY** **August, 2010**
The Connecticut Collaborative on Effective Practices for Trauma *Stamford, CT*
 One-year, supervised program as part of postdoctoral fellowship.

SKILLS

- Fluent in Spanish
- Skilled in administration and interpretation of cognitive, educational, neuropsychological, and personality assessment measures
- Adept at balancing clinical and paperwork responsibilities in institutions reliant on Medicaid and insurance reimbursement

INTERESTS

Travel; Cooking; Dance: Company Member (2007) Uprooted Dance Company, Guest Artist (2004-2007), Prospect Dance Company & Miki Liszt Dance.

References available upon request.