

Jessica Nowillo, DO, FAPA

Dr. Jessica Nowillo was born and raised in New York City. She graduated from Cornell University in 1998 with a Bachelors of Science degree. She completed medical school at the New York College of Osteopathic Medicine in 2002. Her residency training in psychiatry, neurology, and internal medicine at SUNY Buffalo concluded in 2006. She is Board Certified in Psychiatry by the American Board of Psychiatry and Neurology, first certified in 2007 and re-certified in 2017.

During her residency training, Dr. Nowillo was awarded the Resident of the Year Award and elected Chief Resident by her peers. She was honored with the Bohdana Salaban Award by the Department of Psychiatry.

Dr. Nowillo has been an active member of the American Psychiatric Association (APA) and was named Fellow of the APA in 2015.

Dr. Nowillo's work experiences include positions at: the Comprehensive Psychiatric Emergency Program at the Erie County Medical Center in Buffalo, New York; several Community Mental Health Clinics in Buffalo, Niagara Falls, and Carmel in New York; the Consultation Liaison Psychiatric Service at Northern Westchester Hospital in Mount Kisco, NY; and the Inpatient Adult Psychiatry Service at Four Winds Hospital in Katonah, NY.

Dr. Nowillo is currently working in private practice in Mount Kisco, NY. She evaluates older adolescent and adult patients for psychiatric treatment with individualized care and offers recommendations that may include psychotherapy and medication.