

Lissa Parsonnet, Ph.D., LCSW, OSW-C - Bio

Lissa Parsonnet, Ph.D., LCSW, OSW-C is a psychotherapist and consultant in private practice in Montclair and Springfield New Jersey.

Prior to being in full time private practice, Dr. Parsonnet was the Director of Psychosocial Support Services and Cancer Program Management at the Saint Barnabas Cancer Center. She came to Saint Barnabas after serving as Assistant Director of Social Work at Memorial Sloan-Kettering Cancer Center.

Dr Parsonnet serves as a psychotherapist/consultant for the Making Headway Foundation, a foundation that provides support services to families of children with brain tumors. She is also the psychosocial consultant for the Montclair Breast Center. Dr Parsonnet served as the co-chair of the New Jersey Commission on Cancer Research – Psychosocial and Nursing Advisory Group, and on the Advisory Board of Pathways Women’s Cancer Teaching Project. She is certified as an advance practitioner and trainer in Schema Therapy and is the Co-Editor of the Schema Therapy Bulletin. Dr Parsonnet is an affiliate of the Schema Therapy Center of New Jersey and a member of the International Society of Schema Therapy.

Dr Parsonnet has lectured nationally in the field of psychosocial oncology, focusing recently on schema therapy and cognitive therapy with cancer patients, as well as cancer survivorship, the use of language in oncology, stress and coping, and communication between patients and the health care team. She has published chapters and articles in professional books, journals and newsletters.